



QUEENS PUBLIC LIBRARY

Mail-A-Book

January/February 2020

NEWSLETTER

By Older Adult Services



**Look for great
programs and
more inside!**

Mail-A-Book

Books, movies, and music delivered to your doorstep for free

Library Programs, Discussion Groups, Continued Learning Opportunities, Information, Resources, & Moderated Friendly Chats are offered via Teleconference and Livestream.

Call Mail-A-Book to find out how to connect: 718-464-0084.



Read to a Child

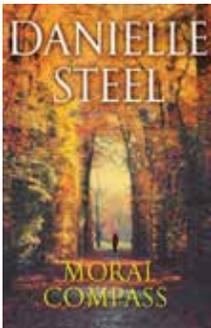
If you have a child in your life, why not ask Mail-A-Book for books to share with them? You can request picture books, chapter books, graphic novels, fiction, and nonfiction. Children's movies are also available.

Queens Public Library Mail-A-Book—
718-464-0084

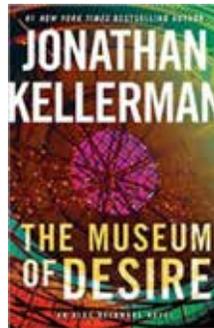
Recommended Reading



Willie Simmons
Mail-A-Book Librarian



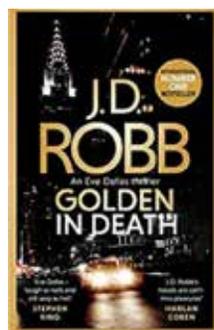
Moral Compass
by Danielle Steel
January 7, 2020



The Museum of Desire
by Jonathan Kellerman
February 4, 2020



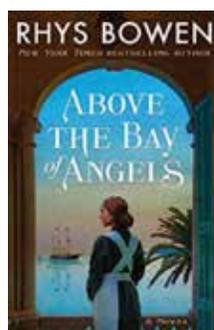
All the Ways We Said Goodbye by Beatriz Williams, Lauren Willig, and Karen White
January 14, 2020



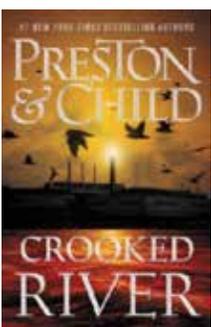
Golden In Death
by J.D. Robb
February 4, 2020



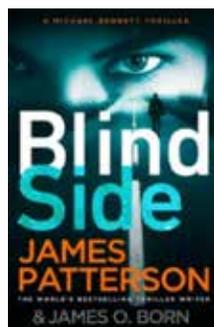
When You See Me
by Lisa Gardner
January 28, 2020



Above the Bay of Angels
by Rhys Bowen
February 11, 2020



Crooked River
by Preston and Child
February 4, 2020



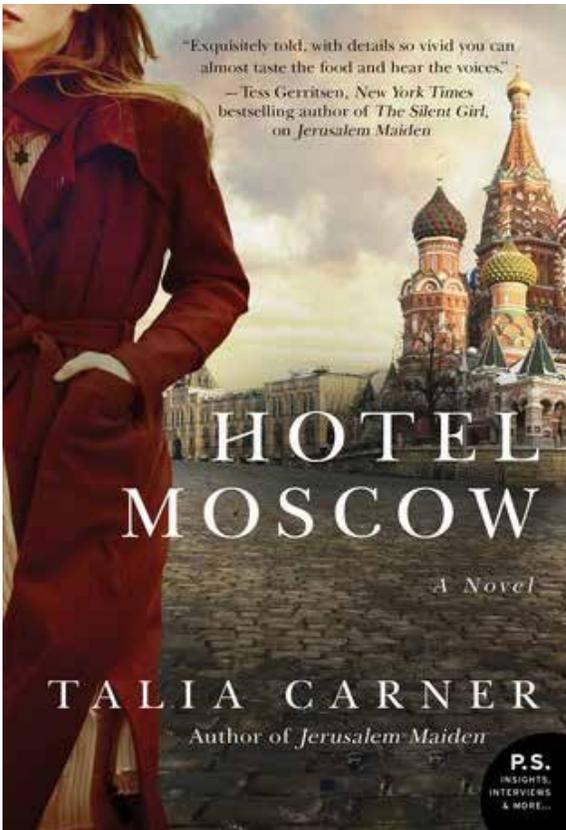
Blind Side
by James Patterson
February 24, 2020

The Chatter Box

Book Reviews
Written by You

Hotel Moscow

by Talia Carner | Reviewed by Katherine Cohen

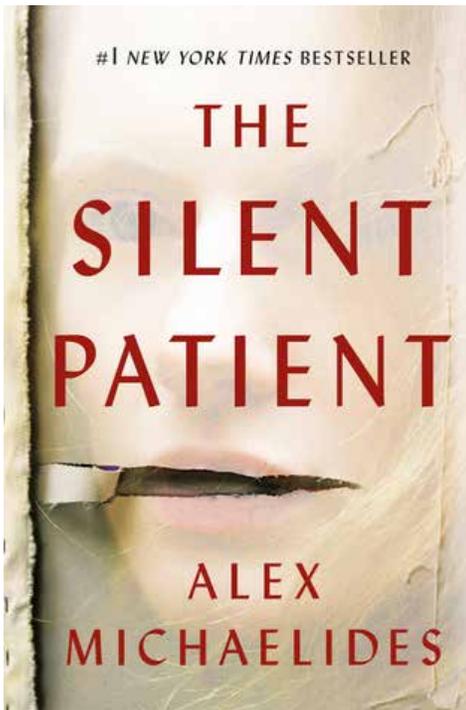


In 1993, Talia Carner, an author, publisher and feminist, went with a group of American women to the former Soviet Socialist Republic to take part in a women’s conference intended to teach Russian women about capitalism and business. While in Moscow, Carner witnessed the uprising against President Boris Yeltsin and its violent suppression. Carner observed, “Russians still harbored the souls of embittered, subjugated people, a dispirited nation that had known no freedom, privacy or choices. They were unprepared for democracy, freedom of the press, personal choices, market economy, and assumptions about transactions be they social, economic, cultural or legal that shared the common concept of decency, if not rule of law.” From that experience, Carner created fictional American heroine, Brooke, who arrives in Moscow from New York in 1993 just as Carner did and

is plunged immediately into a society which seems totally alien due to the incessant violence and corruption at every level of society. Some of the Americans in the group turn around and go home immediately, but Brooke persists in trying to help the Russian women attending the conference by teaching them about business and by helping them to investigate the sources of corruption which are keeping them subjected to Mafia-like gang violence and intimidation.

The writing is fast-paced and full of descriptive passages which put the reader at the center of the action; the plot barrels along at top speed as Brooke and her new friends are subjected to more and more danger and violence and murder.

Characters like Dr. Olga Rozanova, a Soviet era functionary who now dreams of a new Russia free from misogyny and violence against women, and Svetlana, a translator whose only hope for her small daughter is a future where she will have enough to eat, will stay with you for a long time.



The Silent Patient

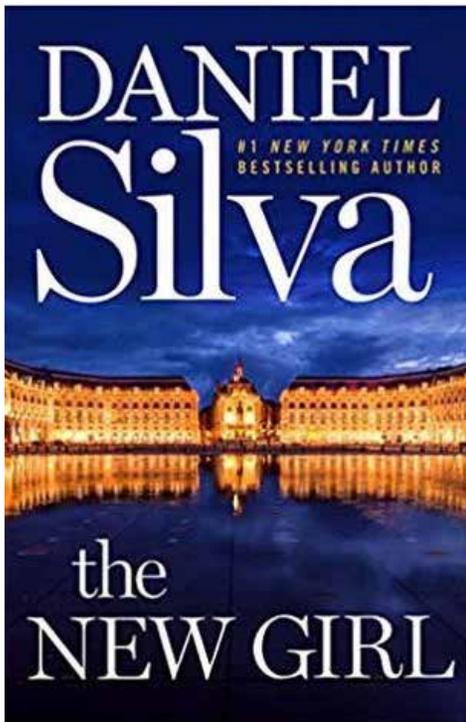
By Alex Michaelides

Reviewed by Bonnie Sue Pokorny

A psychotherapist has a client who is an inmate at a hospital for the criminally insane. The inmate was accused of shooting her husband. For six years she has not spoken. The therapist is determined to get her to speak and becomes consumed with her. As he probes, more and more things come out.

This is narrated by the therapist who is having marital problems. As it unfolds you get more involved and you never guess the outcome.

You will love it.



The New Girl

by Daniel Silva

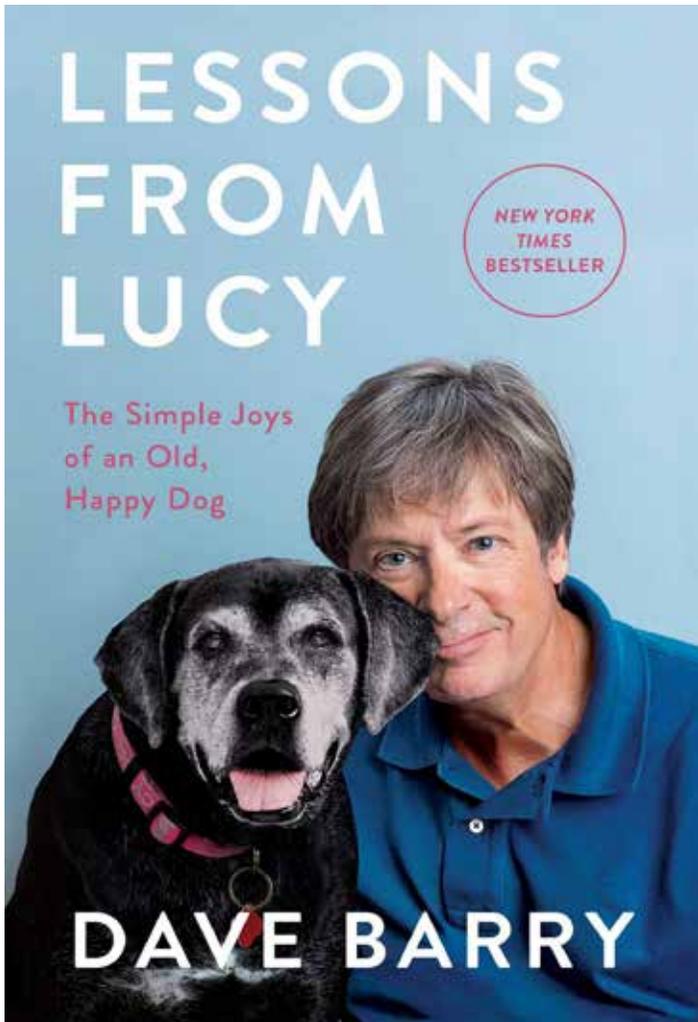
Reviewed by Bonnie Sue Pokorny

Gabriel Allon is asked by the Prince of Saudi Arabia for help because his daughter was kidnapped; as Allon tries to find the girl it becomes a roller coaster ride.

It was quite absorbing.

Lessons from Lucy

by Dave Barry | Reviewed by Marion Mango



Are you still suffering from the holiday blues? Hoping you won't have to hock your hamster to pay your next credit card bill? Now is a good time to pull yourself out of the winter doldrums. Settle down in your favorite cozy corner and wrap yourself in the wacky warmth of Dave Barry's unique humor.

Lucy, Dave's mixed-breed rescue dog is turning ten (70 in human years) and Dave is at the same threshold – facing his 70th birthday. He realizes there are many life lessons Lucy has mastered and he has not---yet. Lucy loves everyone- doesn't judge by appearances- and Dave, well, sometimes does. Next are lessons in patience, acceptance, and fun. Lucy understands ten words, among which is "Bubbe," Dave's mother-in law for whom Lucy will wait patiently at the front window, paws resting eagerly on the sill. Lucy, unlike Dave, has graciously accepted the limitations of advancing years. And she continues to have fun.

Dave does try to, mostly with his band, The Rock Bottom Reminders, whose members include Amy Tan and Stephen King. Another lesson to be learned is mindfulness. Who would have thought that a mere animal would be so spiritually advanced? (Dog lovers know this to be true.) Pay attention to those you love---right now! Lucy is most always in a good mood and forgets insults and offences instantly. Lesson here? Letting go of your anger---another teaching opportunity from canine consciousness. Here's another: Don't lie (though some white lies might be permitted), especially if you have memory lapses. Also, if you have said something truly hurtful, be big enough to apologize! (Lucy is not in danger there.)

Perhaps the most important lesson of all---love---is contained in Dave's last chapter.

His dear daughter, Sophie, is partially paralyzed overnight by a mysterious illness the day before leaving for her freshman year at Duke University. The prognosis was negative. But through the love and support of family (including Lucy), friends, and skilled doctors, plus Sophie’s indomitable spirit, within a year she was able to walk again and start her college education.

Laugh-inducing, thought-provoking chapters in this volume are sure to warm the cockles of your heart, and save a fortune in heating and doctor bills. (Laughter is often better than medicine!)

Enjoy!

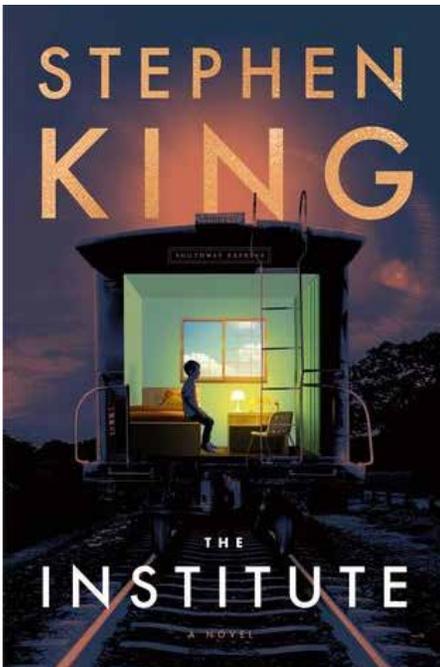
PS: Dave Barry is a Pulitzer Prize-winning humorist whose works include the novels *Big Trouble* (DVD available from the library) and *Crazy City*.

His humor covers such diverse topics as travel, home ownership, and life in general. His previous book *Florida: Best State Ever* is sure to make you chuckle----and I don’t mean the candy.

Book available in large print.

The InSTITUTE

By Stephen King / Reviewed by Bonnie Sue Pokorny



If you love Stephen King you will love this book. A young boy who is a genius is kidnapped in the middle of the night and his parents are killed. He is placed with a handful of other children who were all tested (some sadistically) with no explanation.

The young hero attempts to escape. You cannot put this book down. It’s thrilling.

Movie Review

by Marion Mango

Gigi

starring: Leslie Caron, Louis Jourdan, Maurice Chevalier

1958 /PG/116mnts/musical



Beautifully and lovingly filmed, here is a musical to delight your eyes and ears. No wonder it garnered nine Academy Awards, including Best Picture!

Gigi (Leslie Caron) is a young Parisian girl, living in the late 19th century with her mother and grandmother. She is being groomed for a career as a courtesan by her Aunt Alicia who is well-versed in the intricacies of such relationships, the family having had important social connections for generations. Their acquaintances include Gaston (Louis Jordan), a rich, bored playboy who delights in Gigi's innocent antics. Honore (Maurice Chevalier), Gaston's womanizing uncle, worriedly notices his nephew's increasing interest in Gigi beyond mere amusement. She is presented to Gaston--exquisitely attired and more beautiful than ever. He makes an appeal to her family for an "arrangement," towards which Gigi has no inclination and, weeping, locks herself in her

room. Shortly thereafter, Gaston realizes his love for her surpasses anything he ever thought possible and proposes marriage, to which Gigi happily agrees.

The acting, music, costumes and scenery are superb. Enjoy this endearing entrée into turn-of-the-century France-and romance! And au revoir!

(DVD available from the library)

Poetry

Written by You

If You Loveth Me

By R. Tabb

if you loveth me
as you say you do
that shalt be a lovely dream come true
'tis such 'tis true.

Sometime In The Morning Dew

By R. Tabb

sometime in the morning dew
when everything 'tis anew
I remember you in the morning light
you sayeth
'tis alright
please pray with me thus do
'tis such 'tis true.

'Tis Such I Heard A Rainbow

By R. Tabb

'tis such I heard a rainbow
'tis such I saw it too
'tis such I saw its colors from high above so
true
we thanked the sky we thanked the rain
we thanked the sun we thanked forever
love
'tis true with love we awaken and sleepth
inspired are we true
'tis such 'tis true.

And If You Say

By R. Tabb

and if you say
I cry each day 'tis true
I'll kiss a tear and
hold it near so I shalt heal with you
'tis such 'tis true.

Snow

By Marion Mango

Ribbons of snow
that seem to flow---
tufted puffs
of diamond dust
sparkle in the sun
too soon become
isinglass tears
that span the years
as memories of snows
of long ago.
Lacy webs
flow and ebb
turning bare trees
into fantasies
of diaphanous foam
aglow in the gloam---
a golden necklace
that leaves me breathless
with its beauty pristine---
the world's
a more silent place,
it seems.

Mystery

By Marion Mango

The sound of bells
can still be heard
above the
noisy nearness of
civilization---
a strange sensation,
like being at
the creation
of a scene
more pristine
and serene.

The enigmatic light
is no longer here...
it has gone
to bring its song
to another place,
another race.

Again it will come,
but its beauty
will be
numb.

Too Much to Do

By Marion Mango

So much to do,
So much to do.
How crowded is
my purview,
my purview.
Wish we could
go and chat
and have lunch
at the Automat,
but I've
so much to do,
so much to---

From Pillar

By Marion Mango

Most of my mail
goes to Pluto first,
then finds its way
eventually to Earth.
Oh, that in my box
it would first appear
and not go roaming
the stratosphere!!

Exer-vice

By Marion Mango

Stomp, stomp, stomp!
Raise those legs,
even if
you're in a chair!
Gotta keep your gluteus
from getting to maximus
maybe
from eating
too much

Daffy-nitions

By Marion Mango

vege-tables: organic furniture

fractious: angry math professor

sedentary: addicted to sedans

hemlock: tailor's security device

Abraham Lincoln

Submitted by Marion Mango

By Abraham Lincoln

Abraham Lincoln
his hand and pen
he will be good but
God knows When

The Boom Boom Room

By Jerry Sexton

Welcome to
the Boom Boom Room.
Happy.
You want or need
to be happy?
Come this way.
Hilarity awaits.
We've got
lots of ha-ha's
and a good sampling
of guffaws.
Or,
if you would like
a chortle,
come along too.
The Boom Boom Room
aims to please.

The Botox Incident

By Marion Mango

Today
in our society
the emphasis is
on youth-ity
should you
get a wrinkle,
no guy at you
will wrinkle.
Woe is the thee---
So
better get rid of it
1-2-3!

Share your creativity!

Drawing, Watercolor, Poetry,
Essays, Memories, and Recipes

Send your work to Mail-A-Book.
Originals will be scanned and
returned to you.

Who knows? You may end up on
the cover of our Newsletter.

Older Adult Services at Queens Public Library

ADULT LEARNER PROGRAM

Queens Public Library's Adult Learner Program provides free classes, small group tutoring, and other learning opportunities to help customers learn English, learn to read and write, and obtain a high school diploma. As part of the Library's Adult Learning services, job search help, business

development help, job skills training, international cultural programs, informational workshops for new immigrants, and community-based English classes are available to customers through the Job & Business Academy and the New Americans Program.

ADULT LEARNING CENTERS

Queens Public Library system has seven Adult Learning Centers staffed by professionals and volunteers, who tutor literacy groups, facilitate

ESOL conversation groups, and lead other workshops and classes. For more information, email alpref@queenslibrary.org

ASK A LIBRARIAN

Ask-a-Librarian staff are available seven days a week (hours vary) to provide brief answers to factual questions or suggest resources to help customers find the information they seek.

Customers can submit questions by phone, live chat, email, or phone text. All information is kept confidential. Call 718-990-0728. To chat, go to queenslibrary.org.

ASK A MEDICAL LIBRARIAN

Medical Librarian Al Piedra is available at Central Library's Consumer Health Resources Center to answer questions and help with research. All

information is kept confidential. Call 718-990-5130, fax 718-990-8570, or email apiedra@queenslibrary.org.

CLUBS

Check with your favorite library. Many of our libraries offer clubs such as Sewing, Knit & Crochet, Quilting, Mahjong, Adult Coloring, Art Clubs (drawing and watercolor), Family Board

Games, Chess, and Scrabble. Older Adult Services can help you find a club. Call 718-464-0084 for assistance.

COMMUNITY HEALTH

Queens Public Library offers health education, information, and activities on topics affecting our communities to raise awareness of public health issues and guidelines and support health literacy.

COMPUTER TRAINING

The Cyber Center at Central Library (Jamaica) offers a range of classes appropriate for older learners, including beginning classes on using computers, the Internet, email, Microsoft programs, Google, Facebook, and other technologies and social media. Call 718-990-0769 for more

information. Other introductory classes on using Mac and PC computers, the Internet, email, Microsoft and Adobe programs, social media and ebooks and e-readers are also offered at Central Library and other select locations. Call 718-990-8625 for more information.

CONSUMER HEALTH RESOURCE CENTER

The Consumer Health Resources Center at Central Library contains encyclopedias, source-books, directories, journals, and online databases that customers can use to learn more about

a prescription drug, disease symptoms, or a doctor's credentials and find other information to help them take care of their health. For more information, call 718-990-5130.

DISCUSSION GROUPS

Books, short stories, film screenings, and topical discussion groups.

EXERCISE

Gentle Yoga, Chair Yoga, Zumba Gold, Shape Up NYC, and more!

LIFE-LONG LEARNING

Creative Aging offers sequential learning courses to help older adults have a renewed relationship with their library, a destination for learning and socialization. We provide grant-funded courses such as Drawing, Watercolor, Collage, Quilting,

Sewing, and Acrylic Painting, Memoir Writing and other interesting creative projects are offered. For more information, contact Older Adult Services at 718-464-0084 / 718-776-6800.

MAIL-A-BOOK HOMEBOUND SERVICES

If you are unable to get to your library due to age or disability, Queens Public Library will send books, movies, and music to you free of charge through the US Postal Service. Return postage is provided. Telephone reference services are also provided to homebound customers. If you need help deciding

what to read next, our Mail-A-Book Librarian will assist you. To find out more about this great service please call 718-464-0084 or email us at mailabook@queenslibrary.org.

MUSIC AND ENTERTAINMENT

See the Queens Public Library Magazine for a full listing of adult programs.

NEW AMERICANS PROGRAM (NAP)

Queens Public Library's New Americans Program provides programs and services to help immigrants integrate into American society, while at the same time sharing their diverse cultures with the community-at-large. Programs of interest to older adults include ESOL classes at over 20 community libraries (For information call 718-480-4300); Citizenship Preparation through monthly Pathway to U.S. Citizenship workshops, formal citizenship classes at several libraries and quarterly Citizenship Assistance Clinics at Central and Flushing Libraries. In addition, we offer the NYCitizenship program through the Mayor's Office of Immigrant Affairs where customers can make appointments for free

legal services related to naturalization as well as a program through the Immigrant Justice Corps for free legal services related to many immigration issues (For information on citizenship or legal services call 718-990-0730). Held in libraries throughout Queens, cultural arts programs, featuring music, dance and crafts, celebrate the arts and literature of Queens' ethnic communities: Coping skills workshops in English and the major immigrant languages of Queens include health, housing, immigration law, and computer classes in Spanish and Bengali. (For information see the Queens Public Library Magazine, call 718-990-0894, or email napref@queenslibrary.org).

ROTATING DEPOSIT COLLECTIONS

Collections of library materials (books and movies) are maintained at nursing homes throughout Queens; they are changed and updated every 6

weeks so new materials are always available to residents.

VIRTUAL PROGRAMMING

Queens Public Library offers a full calendar of virtual programming via teleconference, Skype, and Livestream, geared toward the needs and interests of older adults, including topical discussions, health topics in English and Chinese, art history lectures, games, poetry, history, and

more. These programs are offered as an extension of the Mail-A-Book program; however you do not have to be homebound to join in. These programs are open to all adults. Please register with Older Adult Services for all virtual programs at 718-464-0084.

Mail-A-Book Tips

- Mail-A-Book Library materials circulate for 45 days.
- If you need more time, we are happy to renew your items. Call Mail-A-Book to renew at 718-464-0084.
- We suggest that you check out at least two items at a time. If requested, we can send them to you in two separate bags—that way you will always have something to read, while we are working on your next order.
- You are allowed to check out up to 50 items on your account, but only 10 DVDs at a time please.
- Library materials are usually chosen for you by our Mail-A-Book Librarian, based on preferences set up during registration (favorite authors, titles, subjects, large print, regular print, audio, movies). Let us know if your preferences have changed.
- “Special Request” customers choose their own library materials and are only sent items they specifically request.
- In order to remain an active member of Mail-A-Book, it is recommended that “Special Request” customers check out at least 2 items every 3 months.
- Return postage/postcard and plastic strip are included inside the reusable mail bag. Check inside the book jacket.
- When reclosing the mail bag with the plastic strip, please leave a little room for us to clip open the bag. Don’t pull the strip too tight. One black strip is all that’s needed to secure the mail bag.
- Don’t know what to read next? Ask our Mail-A-Book librarian for suggestions.
- Do you have a reference question? Don’t hesitate to call.
- **Customers who have access to the Internet can gain access to Queens Public Library’s “My Account.” Call Mail-A-Book to receive your account number and pin.**
- It’s easy to request specific library materials. Here is how:
 - Call us at 718-464-0084
 - Email us at mailabook@queenslibrary.org
 - Send us a note with returned material
 - Contact us through the mail (94-11 217 Street, Queens Village, NY 11423)



Are You Getting All Your Benefits?

LiveOn NY may be able to help you!

SCRIE/DRIE (Rent Freeze Program)

HEAP (Home Energy Assistance Program)

Medicaid

Medicare Savings Program
(Pays for Medicare Part B Premium)

Low Income Subsidy (LIS)

EPIC (Elderly Pharmaceutical Insurance Program)

SCHE/DIE & Veteran's Homeowners' Exemptions

STAR & Enhanced STAR
(School Tax Relief Program)

LIFELINE

Information & Referrals



LiveOn NYTM

Making New York a better place to age

To speak with a benefit specialist,

call LiveOn NY

at

(212) 398-5045

or email: benefits@liveon-ny.org

Types of Vegetables

R	Z	A	D	P	I	N	S	R	A	P	S	E	N
E	A	U	D	C	A	R	R	O	T	A	P	P	B
W	S	S	C	A	L	G	T	C	A	E	I	U	O
O	A	S	T	C	E	G	A	E	I	R	N	M	P
L	R	C	H	A	H	P	A	B	E	P	R	P	P
F	A	A	E	N	I	I	S	L	A	B	U	K	O
I	L	R	D	P	T	A	N	C	C	T	T	I	T
L	U	O	P	I	C	A	Y	I	A	R	U	N	A
U	G	D	E	L	S	T	R	I	B	P	T	R	T
A	U	U	A	W	O	H	E	K	B	C	E	I	O
C	R	C	U	C	P	T	L	E	A	N	C	P	N
C	A	S	S	A	V	A	E	E	G	B	E	S	C
B	R	E	G	N	I	G	C	L	E	L	O	P	E
H	C	A	N	I	P	S	S	A	E	D	E	W	S

- CABBAGE
- ZUCCHINI
- RUTABAGA
- RADISH
- TURNIP
- SWEDE
- SPINACH
- POTATO
- CASSAVA
- BEET
- LEEK
- CAULIFLOWER
- PARSNIP
- GINGER
- CELERY
- PEA
- CARROT
- PUMPKIN
- ARUGULA

Play this puzzle online at : <http://thewordsearch.com/puzzle/16/>

Chemistry

A	L	C	O	H	O	L	E	S	O	C	U	L	G
M	U	I	S	E	N	G	A	M	P	P	N	M	C
C	E	P	L	B	Y	O	R	A	H	D	I	C	H
I	N	O	I	L	T	S	M	L	O	E	B	A	O
M	I	E	P	O	E	O	U	B	S	S	U	R	L
O	N	L	A	O	M	D	I	U	P	A	R	B	E
C	I	I	S	D	U	I	S	M	H	L	I	O	S
H	T	I	E	G	I	U	S	I	O	Y	L	N	T
L	A	E	N	A	C	M	A	N	R	M	I	A	E
O	E	N	S	S	L	O	T	R	U	A	B	T	R
R	R	P	L	S	A	C	O	D	S	H	E	E	O
I	C	H	P	M	C	A	P	P	E	O	U	C	L
D	A	C	E	T	O	M	I	N	O	P	H	E	N
E	N	O	U	C	L	L	L	A	C	T	A	T	E

- MAGNESIUM
- CREATININE
- ACETAMINOPHEN
- GLUCOSE
- AMYLASE
- CALCIUM
- PHOSPHORUS
- CHOLESTEROL
- LIPASE
- CHLORIDE
- POTASSIUM
- CARBONATE
- SODIUM
- ALCOHOL
- BLOODGLASS
- ALBUMIN
- LACTATE
- BILIRUBIN

Play this puzzle online at : <http://thewordsearch.com/puzzle/393/>

January 2020

Mail-A-Book Virtual Programs For Older Adults

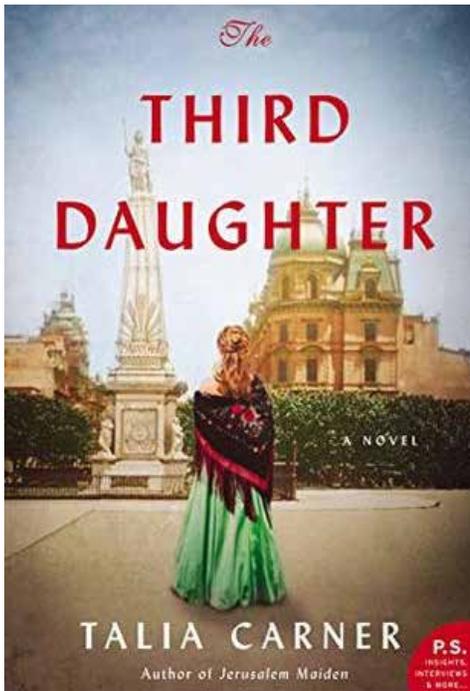
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 New Year's Day Chat 11am-1pm	2	3 Marion's Art History Class 10am telecon Zoom Livestream STAR Singers 10am	4
5	6 Crossword Puzzles 11am	7 BINGO 2pm	8 What Are You Reading 11am	9 After Hours With Oliver 8pm	10 Talking Tour of NY with Karen Q 10am	11
12	13 Crossword Puzzles 11am	14 MoMA 2pm	15 You Be The Judge 11am	16 Author Talk w/Talia Carner 8pm	17 Memorial Sloane Kettering - Healthy Nutrition 10am	18
19	20 Martin Luther King Jr. Day	21 NY Presbyterian Dr. Chang 2pm	22 Poet in You 11am	23 After Hours Bonnie's Short Stories 8pm	24 Women in England History w/ Kathy Cohen 10am	25
26	27 Crossword Puzzles 11am	28 Chat 2pm	29 BINGO 11am	30 Thanksgiving	31 STARS 10am Marion's Art 10:30am	

February 2020

Mail-A-Book Virtual Programs For Older Adults

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 Crossword Puzzles 11am	4 BINGO 2pm	5 Chat 11am	6	7 Local History w/ Oliver 10am	8
9	10 Crossword Puzzles 11am	11 Live-On NY w/ Kim Lerner 2pm	12 You Be The Judge 11am	13 After Hours History w/Oliver 8pm	14 Women in America w/ Kathy Cohen 10am	15
16	17 Presidents' Day	18 Chat 2pm	19 The Poet in You 11am	20 Bonnie's Book Discussion 8pm	21 Words & Stories 10am	22
23	24 Crossword Puzzles 11am	25 Health Chat w/ Kathy Moran 2pm	26 Bingo 11am	27 Bonnie's Short Stories 8pm	28 STARS & Chat 10am	29

Author Talk: *The Third Daughter* by Talia Carner



From the author of *Jerusalem Maiden* comes a remarkable story, inspired by little-known true events, about the thousands of young Jewish women who were trafficked into prostitution at the turn of the 20th century, and whose subjugation helped build Buenos Aires.

Teleconference on January 16, 8pm

First-time participants to a teleconference please contact Mail-A-Book for access numbers at 718-464-0084.

The author will be our guest speaker on the teleconference.

Virtual Crossword Puzzles

We solve the puzzle together on Skype.

You will need a computer, Internet access, speakers, and a microphone to play. A webcam is not required.

Using the Skype Phone call option, customers call our teleconference number and we solve the puzzle as a group. We are all looking at the same puzzle, and have the ability to chat with each other during the program.

Mondays at 11am

Call Mail-A-Book for access numbers and instructions about how to join the program.



NEW YEAR'S TELECONFERENCE

Ring in the New Year with Friends

Teleconferences are a great way to socialize, connect, and make friends.



**Please join us on December 31st
from 7-9 pm**

**And again on January 1st
from 11am-1pm**

This teleconference is hosted by Queens Public Library Older Adult/Homebound Services.

Queens Public Library is an independent, not-for-profit corporation and is not affiliated with any other library system